Vol. 60, No. 40

Davis-Monthan Air Force Base, Ariz.

Friday, October 6, 2000

Around D-M

Wilmot gate reopens

The Wilmot Road gate will reopen to traffic Tuesday. The hours of operation will be Monday through Friday from 5:30 a.m. to 6:30 p.m. The Swan Road gate will return to normal hours of operation, which are Monday through Friday from 6:30 to 8:30 a.m., 11 to 12:30 p.m. and 3:30 to 5:30 p.m. Both gates will be closed weekends, holidays and wing down days.

Legal and MPF hours

The 355th Wing Law Center and the military personnel flight will have extended hours Wednesday. In addition to regular legal assistance hours, the law center will be open from 4:30 to 8 p.m. for walk-in legal assistance. Customer service at the MPF will be open from 7:15 a.m. to 8 p.m.

Oktoberfest

Davis-Monthan Air Force Base will celebrate Oktoberfest Oct. 13 from 6 to 10 p.m. in the Officers Club. Authentic German food and drink will be available. Many prizes will be given away, and live entertainment. Tickets for club members (both clubs) and bonafide guests are \$12.95; tickets for eligible non-members are \$15.95. Call the O' Club at 748-0660 to make reservations. Reservations are required.

> Days since last D-M DUI:

Need a ride? Call Airmen **Against Drunk Driving** at 850-2233.

(Current as of Thursday)



MARE readies D-M for A&A Days

Members of the Davis-Monthan Air Force Base fire department practice providing emergency care to a victim with simulated injuries during D-M's Major Accident Response Exercise Sept. 28. The Tucson-Pima County Office of Emergency Management agencies and the National Disaster Medical System joined forces with D-M officials to conduct a MARE to demonstrate their combined readiness to handle large-scale catastrophic public events. To add reality to the exercise, more than 150 volunteers were made up with mou-

lage to simulate injuries and casualties, and aircraft debris. smoke and other props were pre-arranged by the base's exercise evaluation team, who created the scenario and evaluated response actions. Officials anticipate more than 600,000 guests will attend the base's Aerospace and Arizona Days 2000 airshow, Nov. 4 and 5. The exercise is a major part of the detailed planning base, city and county officials are undertaking to ensure a safe community event. See Disaster response exercise tests base, Tucson crews, Page 16.

Wing closes out annual flying year program in Olympic-style

The 355th Wing recently closed Force, but also in ACC. out its fiscal year 2000 flying hour program, surpassing Air Combat Command's goal by 375 hours.

This brings the wing's total to 38,864 hours. This hourly total not only is the highest in 12th Air

The hard work and dedication of 355th Wing members achieved this accomplishment.

"The dedication and professionalism of Team D-M never ceases to amaze me-it was as if some one

turned on the switch and hours kept coming -day after day," said Col. Daryl Hausmann.

The year started with Team D-M focusing on operational readiness inspection preparations—which ini-

See Flying Page 4

Commander's Corner

Commander's Salute

This week, I salute members of the local rescue and support community, and 355th Wing inspector general and plans offices, who made our MARE a realistic training exercise for all. Well done!



Col. Bobby Wilkes 355th Wing Commander

Supporting each other and working together to provide the best programs and services is a common goal we all share as members of Team D-M.

Ideas, suggestions, comments and kudos are an important ingredient for continuous improvement.

The fastest way to pass along comment or to get an answer to your concern is to contact the agency chief or functional manager listed here.

Still no solution? The Commander's Corner phone line is available 24 hours a day, at **8-4747**, or you can send an e-mail to us at: <u>355thWing.CommandersCorner@dm.af.mil</u>.

If you leave your name, phone number and a message, you'll receive a prompt reply, either in writing or by telephone. We will honor your confidentiality, but sometimes we need to contact callers to gather additional information. If your concern is of general interest to the base populace, the response may be published in the Desert Airman. Anonymous calls may not be published in the newspaper, we recommend you leave a contact phone number if you'd like us to provide an answer.

748-7887
8-4964
8-5411
8-3401
8-2930
8-3116
8-5690
8-3714
8-3687
8-3559
8-6432
8-4845
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8-3204
8-6178
8-5596
8-3584

State assistance

Comment: I would like to know if there is anything that could be done to get the base child care center to accept state child care assistance?

I have three children, one of whom is in elementary school on base. Being a single parent with three kids, I can not afford the rates at the youth center or at the base day care center, (even though the rates are supposed to be based on rank).

Off-base day care accepts Department of Economic Services assistance, which I qualify for. I pay \$1.50 a day for my son off base with my assistance and the day care on base charges \$14.00 a day, (around \$800.00 a month for my three children on base, compared to \$240.00 a month off-base). Therefore, I have to use my breaks or my lunch hour to pick my son up from school to drive him to an off-base day care facility that I can afford. If the day care facility can not accept DES assistance, are there any programs on base that may help families like mine?

Response: Thank you for your concern about day care accepting Department of Economic Security assistance. We are currently working with the State of Arizona to help some of our family child care providers become DES certified. Unfortunately, our Child Development Center and School Age Programs are unable to accept DES payments for child care.

These programs would have to become state licensed rather than having our Department of Defense licensing which is required to operate on a military installation. Several family child care providers are interested in helping families who receive assistance through DES. Call the Family Child Care Office at 8-2201 for a list of names of DES certified providers. Call Julie Hufana, family member support flight chief, at 8-2335 if you have any further questions or concerns about any of our child care programs.

Loud music

Comment: I have an issue with loud music from vehicles here at Davis-Monthan Air Force Base. It seems to me that loud music is inconsistent with the Air Force image and a safety hazard. Any music at the volume I have heard here, especially music expressing violence and vulgar language, is very disconcerting to me as a NCO and a family member.

Music at high volumes makes it difficult to hear emergency vehicles, much like wearing headphones while running or walking outside.

After contacting the security forces, I learned that according to Tucson law, any car stereo that can be heard beyond 25 feet, constitutes disturbing the peace. However, there is no base policy that challenges this activity. Perhaps a policy could address this issue.

Response: Thank you for using the Commander's Corner.

The security forces are currently in the process of updating the base supplement to AFI 31-204, Motor Vehicle and Traffic Supervision, which will include a provision to cover music volume in vehicles. The type of music one can listen to on or off base is a First Amendment Constitutional right and we cannot regulate it. We can, however, regulate the volume of music being played for safety and by-stander reasons.

Currently, the Tucson City code states any music emanating more than 150 feet from the vehicle is in violation. Instead of following the city code verbatim, we are including a provision whereby music heard 25 feet from the vehicle is in violation (taking into account convertibles, motorcycles, etc.).

Additionally, the base supplement will prohibit music that is obscene, profane, lewd and/or advocates sexual, racial or religious discrimination outside the confines of one's personal property. If an individual chooses to listen to this type music, they must do so in private.

Your Final Answer?

What should the wing do to prevent driving while under the influence of alcohol incidents?



Tech Sgt.
Chris Shampoe
25th Operational Weather
Squadron

"We need to educate military members that they will have to pay a higher price for their actions. This might be done by having guest speakers who have been victims of drunk drivers."



wife of
Senior Airman David Baxter
355th Wing

"I think the military member who is caught driving under the influence of alcohol should have to brief at commander's calls about DUIs, as well as go to schools and do community service briefings where they educate against it."



Glenn Rattell
355th Communications
Squadron

"The command is doing everything in its power to get the word out with education and programs specifically in place to combat drunk driving. Members need to utilize the programs like the Wingman Card and the Airman Against Drunk Driving."



Capt. Billi Hopkins 355th Wing

"I think with the high number of DUIs we should put the name of the squadron in the paper and list the rank of the person. This would personalize it, and military members could actually relate to it. Doing this might make someone pause and say, wow that could have been me."



Lt. Col. Glyn Bolasky 41st Electronic Combat Squadron

"We must continue with the education programs. But the key to success is to use peer pressure. Airmen must look out for airmen. First there is personal accountability, and then we must look out for our neers."



Tech. Sgt.
Dean Jernigan
355th Communications
Squadron

"The base is already doing something about it. It's the individual that needs to do something about it. The individual needs to plan to have a good time. In their planning they should plan a ride home."

Air Force prepares for its second Aerospace Expeditionary Force cycle

As Aerospace Expeditionary Forces 9 and 10 enter the last phase of the first 15-month cycle under the Expeditionary Aerospace Force concept, Air Force officials are taking stock of the process and making a few adjustments, where needed, to ensure a smooth transition for the second cycle.

The Air Force launched the EAF concept, Oct. 1, 1999, as a means to bring predictability and stability to Air Force members and their families. The AEFs are essentially a force management tool that helps the Air Force spread its capability more evenly across the total force: active duty, Guard and Reserve.

"My general impression is that the aerospace expeditionary force is going very well," said Brig. Gen. Dennis Larsen, commander of the AEF Center, Langley Air Force Base, Va.

"There are some growing pains, but any time you make a transition that is this major and involves an organization as big as the Air Force, there are bound to be some problem areas, but we're solving them," Larsen said.

He said one of the biggest successes so far is in the notification process.

"AEFs 5 and 6 were the first fullup pair where we used unit type codes to task all the combat support forces and no longer used the PAL-ACE Tenure system, where everybody was tasked individually," Larsen said.

Before AEFs 5 and 6, notifications went out 15 days before people actually deployed. But, for the second cycle beginning Dec. 1, Larsen said the notification went out 120 days prior. "We gained about a 10-fold improvement in our ability to get that information to our airmen; just from AEFs 5 and 6 in the first cycle, to AEFs 1 and 2 in the second cycle," he said.

"The 120-day advance notification is what they are shooting for we're very pleased we were able to meet that goal," the general said. "That equates directly into people knowing well ahead of time that they are going to deploy or not, so it's a big plus."

Another area in which the Air Force is making improvements is in shortfall rates, Larsen said. "This is where a unit is tasked for a requirement in the area of responsibility and can't fill it," he said. "We have to go back out and find someone else in the Air Force who can fill it

"We started out with about 3.2 percent of our taskings coming back as shortfalls in AEFs 5 and 6, but, so far, currently we're down to 0.5 percent for AEFs 1 and 2 for the second cycle. This is a significant improvement and certainly a lot more promising than what we had earlier."

Larsen attributes this improvement to two factors. One is the earlier notification process. "The units have time to check and double-check to make sure they have the right person for the tasking," he said. "The other reason is that we have grown the number of people we have inside the AEF construct. When we first started Cycle 1, we only had about 90,000 people, which is obviously a very small part of our

Air Force.

"Right now though, we're up to 141,000 people, and that number is growing as we posture more UTCs and more people," Larsen said. "We have a bigger populace to draw from so there are less shortfalls."

He added that the reserve components are contributing greatly to the total force effort, with the Guard and Reserve continuing to fill 10 percent of the combat support taskings and 24 percent of the aviation units' forward deployed commitments for the second cycle.

"The Reserve and Guard are really standing up; it's a success story." Larsen said.

Even with the larger number of people eligible to deploy, Larsen said there are still some units that are heavily tasked, such as airborne warning and control, search and rescue, and Rivet Joint. The Air Force is deeply committed to determining what the limiting factors are for these units; known as low density/high demand; and fixing them.

Larsen said, as an example, the limiting factor for the AWACs units was the total number of combat ready crews they had trained. "So a lot of effort has gone into increasing the training pipeline for them, and we think about a year from now the AWACs will fall completely under the AEF schedule," deploying for only one 90-day period per cycle.

Another move the Air Force has made as it transitions to the second cycle is lengthening the deployments of the on-call aerospace expeditionary wings.

"The AEWs will go from 90 days to

120 days," Larsen said. "This is another move that made sense to do."

Under the 90-day period, the AEW commanders discovered the off period didn't give them enough time to recover and prepare to go back on call. "So both wing commanders wanted to lengthen the tour, so they now have 120 days when they're off call so they have more time to do all the training, temporary duty and other things they need to do to be proficient at their jobs," he said. "This also rotates who is on call for the holiday and summer season.

"These are all important changes that made sense to do," Larsen said. "Obviously, the most important thing as we go from cycle to cycle is to continuously improve the process, keeping in mind that predictability is a key thing we're driving for."

He said a big improvement for the second cycle is the .mil restricted EAF online Web site: https://aefcenter.acc.af.mil/. Airmen can access individualized "training templates" from a military computer to obtain information about their deployed job description and mission, even the equipment they'll be working with.

As people are tasked for their 90-day deployments, Larsen said, everyone must keep in mind this does not include number of days spent traveling in and out of the area of responsibility. "People will most likely be staying beyond 90 days, for traveling and some overlap."

AEF deployment

Aerospace Expeditionary Force 1 and 2 deployment processing at Davis-Monthan Air Force Base is scheduled for Tuesday and Oct. 24 starting at 8 a.m. to 11 a.m. in Building 4859. Call 8-4500 for more information.



Senior Airman Amy McBet

Top Wings

(Left to right) Col. Kathleen Spencer, 355th Logistics Group commander, and Col. Daryl Hausmann, 355th Operations Group commander, inspect an A-10 as part of the Top Wings program. The quarterly program is designed to recognize maintainers for their professional dedication reflected in their aircraft's appearance and spotlights one EC-130 and one A-10 from the 355th OG. The winning A-10 dedicated crew chief and assistant DCC (in that order) were Staff Sgt. Raymond Kohm and Airman 1st Class Neal Eastwood, both 357th Fighter Squadron. The winning EC-130 DCC and assistant DCC (in that order) were, Staff Sgt. Christopher Knezienski and Airman 1st Class Taylor Miller, both 42nd Airborne Command and Control Squadron.

Airmen make score, join 90s Club

The following Davis-Monthan Air Force Base airmen achieved a score of 90 percent or higher on their career development course exam in the month of September:

Staff Sgt. Adrian Hitz, 354th Fighter Squadron; Airman 1st Class Koren Douglas, 355th Component Repair Squadron; Airman 1st Class Phillip Blood, 355th Equipment Maintenance Squadron; Airman 1st Class Michael Davidson, 355th EMS; Airman 1st Class Cheryl Pinto, 355th Services Squadron; Tech. Sgt. Douglas Onwiler, 355th Wing; Airman Jason Kowzun, 41st Electronic Combat Squadron; and Master Sgt. Stephen Backenkeller, 12th Air Force. (Courtesy 355th Mission Support Squadron)

D-M members to observe Fire Prevention Week

By Todd Canale

355th Civil Engineer Squadron

Is your family and property safe? The Davis-Monthan Air Force Base community will observe Fire Prevention Week Sunday through Oct. 14. Fire Prevention Week was established in an effort to reduce the loss of life and property through education and public awareness.

The United States suffered 3,570 fire deaths last year. About 80 percent of all fire deaths occur in the residence and 70 percent of all structural fires occurred in the home. In addition, a house fire is reported every 85 seconds and 15 percent of the 1,823,000 fires were started in the home. Fire loss for 1999 was in excess of ten billion dollars, an increase of 16 percent over the year prior.

Fire Prevention Week has long been looked upon as an opportunity to spotlight fire prevention for all cities during a concentrated time span. The observance began in 1920 following a proclamation by President Wilson establishing October 9th as Fire Prevention Day. October 9th was selected to commemorate the start of the Great Chicago Fire of 1871, which leveled Chicago and killed 300 people. In 1922, President Harding extended Fire Prevention Day to a weeklong observance, giving birth to what we now know as Fire Prevention Week.

In observance of Fire Prevention Week, the D-M Fire Department will host several events throughout the month of October. Activities will range from public information displays and blood pressure checks at the base exchange and commissary, static displays and station tours throughout the base community, and mini-musters at the elementary schools. Free Cardio-Pulmonary Resuscitation classes are also planned during the month of October.

Base residents may also call the Fire Prevention Office directly to request a home fire safety visit. Call 8-6025 for information or to schedule a class, an inspection, or a tour of the fire sta-

Flying

Continued from Page 1

tially meant reduced flying hours. The planning and hard work paid off as the wing captured its combatready status. Following that achievement, the flying hour program picked up the pace as the wing incorporated several hundred additional hours slated for contingency operations into the flying program.

Hourly utilization rates soared at unprecedented levels for both airframes as the wing stood up to the challenge.

"At one point, the wing was projected to finish out the year 800 hours above ACC's goal," said Maj. Bryan Currier, 355th Wing sched-

"We had to hold the squadrons back to fit the program within the wing's financial constraints."

Fiscal year 2001 flying hour program began Sunday with a yearly goal of approximately 40,755 hours. Col. Bobby Wilkes, 355th Wing commander, anticipates another 355th Wing banner year in 2001. He exclaimed, "Whatever the challenges that lay ahead I am sure Team D-M will rise to the occasion." (Courtesy 355th Operations Group)



ponent Repair Squadron egress journeyman, makes his way to the grog bowl under a storm of water gun fire as his penalty for a uniform violation during the 355th CRS Combat Dining Out, Saturday. The dining out, centered around the 50th anniversary of the Korean War, featured an extensive POW/MIA ceremony and display. The guest speaker, Tech. Sqt. Michael Levingston, Airman Leadership School instructor, spoke on mutual respect among the ranks as a possible solution to the retention challenge.

355th CRS

Combat Dining

Senior Airman Kaleb Julius, 355th Com-

Davis-Monthan Air Force Base members prepare to retire

The following Davis-Monthan Air Force Base members, after years of hard work, dedication and service, will retire in the month of October: Master Sgt. Robert McCormick, 41st Electronic Combat Squadron; Tech. Sgt. Susan Garber, 42nd Airborne Command and Control Squadron; Tech. Sgt. Robert Molnar, 42nd ACCS; Senior Master Sgt. Randy Toulou, 43rd Electronic Combat Squadron; Master Sgt. Randy Hardy, 43rd ECS; Staff Sgt. Jeanne Gibbs, 355th Civil Engineer Squadron; Master Sgt. Charles Steeno, 355th Communications Squadron; Tech Sgt. Louis Longoria, 355th CS; Staff Sgt. John Riess, 355th CS; Master Sgt.

David Donaldson, 355th Component Repair Squadron; Tech Sgt. Kevin Welch, 355th CRS; Tech. Sgt. Emmanuel Davis, 355th CRS; Staff Sgt. Jason Smith, 355th CRS; Tech. Sgt. Raymond Romero, 355th Comptroller Squadron; Master Sgt. Brian Page, 355th Equipment Maintenance Squadron; Master Sgt. Aubrey Hutchins, 355th Operations Support Squadron; Master Sgt. Wayne Truax, 355th Medical Support Squadron; Tech Sgt. Michael Engstrom, 355th Training Squadron; Tech. Sgt. Andrew Miller, 357th Fighter Squadron; Tech. Sgt. Stanley Losiewicz, 357th FS; Master Sgt. Michael Woods, 358th FS; Tech. Sgt. Brian

Barnhart, 612th Air Intelligence Squadron; Tech. Sgt. Thomas Cleveland, 612th Air Support Operations Squadron; Master Sgt. Richard Donner, 612th Combat Operations Squadron; Tech. Sgt. Edward Fisher, 612th Air Communications Squadron; Tech. Sgt. Alfonso Mikel, 612th ACOMS; and Army Master Sgt. William Buttner, U.S. Army headquarters.

Congratulations are extended to the retirees and their families for their dedication, achievements and service in the U.S. Air Force and at D-M. (Courtesy 355th Wing Career Assistance Ad-

An hour can save a life

By Angie Erickson

Public affairs

How often do you get the chance to save someone's life? Perhaps you think that this is a feat left for doctors or nurses, or maybe a Good Samaritan that you read about in the newspaper or catch a glimpse of on television. Well the truth is, you don't have to be a super hero to give the gift of life.

Ask Airman 1st Class Tami Hertlein of the 355th Operations Support Squadron, who serves as the blood drive recruiter.

"One pint can save 3 or 4 lives," Hertlein said. "I don't think people realize the difference they can make by the simple act of giving blood."

Every six weeks, the 355th Wing

hosts an American Red Cross blood drive at the Community Center, Bldg. 4201, and while there are approximately 4,600 active duty men and women, 1,170 Department of Defense civilian employees and contractors, 3,500 military family members and 10,000 retirees, only 125 on average show at the blood drive.

"For some reason, it is hard to get people to give blood," Hertlein said. "If they only knew that a half hour of their time could mean a lifetime to someone else."

It did for her mother. "My mother had to have a triple bi-pass (heart) operation. Unfortunately, there was contaminated blood, with the AIDS virus used in the hospital at that time. And while my mother did not get any of that blood, that experience has motivated me in my volunteer

work. I want to encourage our military community, who are strong, healthy and who have clean blood, to help those in the civilian sector."

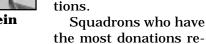
Hertlein is one of about 25 squadron representatives who comprise the 355th Wing blood drive recruiters' organization. They meet monthly to discuss the latest issues concerning the country's blood shortage issue, brainstorm creative methods of recruiting and of course the logistics of the upcoming blood drive.

"We are trying to get the word out because hospitals nation-wide are having to postpone surgeries because they don't have the blood to support their surgical procedures," she said. "Our group tries to speak at commander's calls to explain the seriousness of the blood shortage."

A squadron blood drive recruiter

is not only responsible for marketing for the blood drive, but also volunteers the day before the blood drive, during a one hour shift at the

> base exchange handing out literature and encouraging people to sign-up for the blood drive. Then the next day, at the blood drive, the recruiters divide into two shifts in order to assist the Red Cross with the actual operations



ceive the coveted Blood Hound award. Squadron names are placed upon a plaque in the Community Center and recipients receive a personal pan pizza from Pizza Hut.

For more information on the upcoming blood drive or how to become a blood drive recruiter call Hertlein at 228-4315.



Hertlein

Members choose reenlistment

The following Davis-Monthan Air Force Base members reenlisted in the month of September: 12th Air Force: Senior Airman Michael Moore; 25th Operational Weather Squadron: Senior Airman John Tarver, Senior Airman Edward Lloyd III, Senior Airman Lowell Coxie; 41st Electronic Combat Squadron: Staff Sgt. Randy Norton, Senior Airman Paul Waters Jr.; 42nd Airborne Command and Control Squadron: Master Sgt. Matt Rogers, Staff Sgt. Joseph Montalvo, Staff Sgt. James Jobes, Senior Airman Brian Loek; 43rd Electronic Combat Squadron: Tech. Sgt. Scott Turpen, Staff Sgt. Edward Stone Jr., Senior Airman Bryan Cleveland; 67th Intelligence Group, Detachment 2: Master Sgt. Robert Flyzik Jr.,

Staff Sgt. Juanneill Chinkeefatt; 354th Fighter Squadron: Staff Sgt. Michael Pietras, Senior Airman Jason Muckle, Senior Airman Zeljko Pesut, Senior Airman Jerome Young; 355th Wing: Staff Sgt. Hope Nolan; 355th Civil Engineer Squadron: Master Sgt. Andre Pare, Tech. Sgt. John Persson, Tech. Sgt. Delwayne Abbott, Staff Sgt. Richard Toumberlin, Staff Sgt. David Minor, Senior Airman Bradley Robison; 355th Component Repair Squadron: Staff Sgt. Donna Munsey, Senior Airman Shawn Parvin, Senior Airman Damien Valentine; 355th Equipment Maintenance Squadron: Staff Sgt. John Woletz, Staff Sgt. Richard Majarian; 355th Logistic Support Squadron: Senior Airman Nathan Clark; 355th Medical Operations Squadron: Senior Airman Jessica Despot; 355th Medical Support Squadron: Staff Sgt. Camille Green; 355th Mission Support Squadron: Tech. Sgt. Daniel Saiz; 355th **Operations Group:** Tech Sgt. Craig Brandenburg;

Senior Airman Ryan Mckellips; 355th Operations Support Squadron: Senior Airman Nicole Laws; 355th Security Forces Squadron: Tech. Sgt. Carlos Guevara Jr., Tech Sgt. Ronald Hoover Jr., Staff Sgt. John Ozark III, Senior Airman Domonic Delsanto; 355th Services Squadron: Master Sgt. Steven Ellison, Staff Sgt. Darrel Collins; **355th Supply Squadron:** Staff Sgt. Richard Parman, Staff Sgt. Jeremiah Lanier, Senior Airman Keri Kelly; 355th Transportation Squadron: Staff Sgt. Robert Leal, Senior Airman Herminia Rendon; 371st Field Training Squadron: Staff Sgt. Robert Heis; 612th Air Operations **Group:** Staff Sgt. Michael Haydo, Staff Sgt. Ronald Killen Jr., Staff Sgt. Cynthia Flemming, Staff Sgt. Jeanpaul Smith; 612th Air Support Squadron: Tech. Sgt. Tereca Thomas; 612th Air Communications Suadron: Tech. Sgt. Gilberto Gutierrez, Senior Airman Jacob Plasencia, and Senior Airman Randy Hammons.

Advertising

Air Force Print News

Chief relates core values in tragedy

By Capt. Gregg Bottemiller 49th Fighter Wing Public Affairs

As Air Force professionals, members train and train to ensure they can complete their assigned mission

A visit this week by a chief master sergeant, focused on how Air Force members ought to view their Air Force service, as a day-to-day profession and, if necessary, put their lives on the line.

Chief Master Sergeant Richard Sanchez, Command Chief Master Sergeant, 16th Special Operations Wing at Hurlburt Field, Fla., visited Holloman Air Force Base as the Airman Leadership School graduation guest speaker. He said it was something he wanted to do before he retired in November to honor the ALS' namesake, Tech. Sgt. Joel Mayo. Sanchez, a staff sergeant in April 1980, was a C-130 loadmaster on the same hostage rescue mission in Iran, designated Desert One, which

took the life of Mayo.

"Joel was a good friend of mine, and 20 years ago I watched him burn alive—that's very emotional to me," said the only enlisted flyer still on active duty from that mission.

"We need to dwell on the good things about the Air Force; we need to deal with (that) we are a profession of arms. People die. People put their lives on the line every day."

"Joel died serving in his profession. That's service before self. He did his job so others could live. Service ensures the freedoms we enjoy today are preserved for the next generation and the next generation."

The chief contrasted that to the attitude many service members have today, treating the military as a job versus a profession.

The chief said it comes down to basic respect; respect for others and respect for ourselves. That today, the Air Force deals a lot with bad kids or discipline problems, but supervisors need to try to make a difference in their airmen's lives.

"You can't do everything, but all it takes is one person, and then it become a pyramid effect."

"People make the Air Force," said the chief, "and the Air Force needs people who are willing to step up to the plate. It doesn't matter if you get a hit or home run, or even if you strike out—as long as you tried."

Chief Sanchez related that to the failed Desert One rescue.

"It was a miserable failure. It was embarrassing to the country. Even though we had the best people in the world, and we rehearsed and rehearsed the rescue—no on was afraid; no one wanted to quit, but in every thing Murphy (Murphy's Law) lives and things happen."

Those things included bad weather and flying sand, inadequate intelligence background, assets unable to make it to the rendezvous point and maintenance problems. According to the chief, it was after the decision was made to scrap the mission that a lifting helicopter,

blinded by sand, collided with the C-130.

"It was a Molotov cocktail in moments," said the chief. Fortunately, 78 people escaped from the C-130.

The chief said, though as tragic as the event was, the services learned much from the incident. The special operations community gained a lot of attention from that, and how to improve their operations. They have also received additional budget considerations since then.

After the failed mission in Iran, the chief and other personnel returned to their launching base in Amman. There, the chief related, British troops had some beer waiting for the troops, and underneath the beer was a sign that read: "From all of us to all of you, because you had the guts to try." That became the motto of the 8th Special Forces Squadron, the one Sanchez belonged to in 1980.

Again, special operations forces put their lives on the line last year, including rescuing the downed F-117 and F-16 pilots in Yugoslavia.

"You know, Sanchez said, "after 29 ½ years of service, I'd do it all again."

ACC announces 2000 Contending Warrior competition results

By 2nd Lt. Tricia White

Contending Warrior 2000 Public Affairs

Air Combat Command officials announced the overall winners for this year's Contending Warrior 2000 security forces competition at Indian Springs Air Force Auxiliary Field, Nev.

In the overall team competition, Davis-

Monthan Air Force Base earned first place honors. Second place went to Langley AFB, Va., and third to Nellis AFB, Nev.

In other team events, first place in tactics went to Davis Monthan. Second place went to Ellsworth AFB, S.D., and third place went to Dyess AFB, Texas.

In the fitness challenge category, where teams

compete in a timed run on an obstacle course, Mountain Home AFB, Idaho, took first place while Nellis followed in second and Davis Monthan took third.

Keflavik Naval Air Station, Iceland, took first place in the M-9 handgun competition. In second place was Beale AFB, Calif., and following in

See Warrior Page 7

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Warrior

Continued from Page 6

third was Offutt AFB, Neb.

The M-16 combat rifle competition first place award went to Keflavik. Second place went to Davis-Monthan, and third place went to Nellis.

The team from Barksdale AFB, La., earned the spirit award for displaying the most spirit both on and off the course.

In individual competition, the M-60 machine gun winners were Master Sgt. Todd Moone from Ellsworth in first place, Airman 1st Class Patrick McKean from Dyess in second, and Master Sgt. Tony Boyce from Cannon AFB, N.M., in third.

Senior Airman Christopher Sayre from Offutt took first in the M-203 grenade launcher competition. Second place went to Staff Sgt. Alfred Orozco from Langley, and in third was Staff Sgt. Adam Arnold from Keflavik.

Senior Airman Kurtis Douge from Nellis earned the Top Gun award, for turning in the best overall M-9 handgun performance. Likewise, Staff Sgt. Bobby Singleton from Mountain Home won the award for best overall performance with the M-16 rifle.



Courtesy phot

Members of Davis-Monthan Air Force Base's 355th Security Forces Squadron sharpen their skills in preparation for the Contending Warrior competition at Indian Springs Air Force Auxiliary Field, Nev. The teams skills earned D-M a silver medal in the M-16 competition.



Senior Airman Amy McBet

Senior Airman Brian Vaught, 355th Security Forces Squadron, practices his target shooting. His tactical skills contributed to Davis-Monthan Air Force Base receiving a gold medal in tactics.

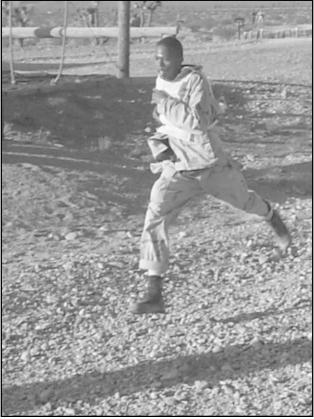
The swift warrior award is presented to the individual with the fastest time on the obstacle course. The winner, with a time of 13 minutes and 40 seconds, was Senior Airman Kurtis Douge from Nellis.

The top competitor award, which is given to the individual who achieves the overall highest scores on team events and shows a true sense of leadership throughout the competition, was awarded to Senior Airman Kurtis Douge from Nellis.

The chief's award is presented to the individual who is the best all-around, a team player, has a positive attitude, and displays leadership ability and drive. This year, the award went to Airman 1st Class Jess Lemaster from Minot AFB, N.D.

From all the competitors who competed in Contending Warrior 2000, 19 people were chosen to stay and compete for the eight slots on the 2000 ACC Defender Challenge team. These individuals include all five competitors from Mountain Home: Staff Sgt. Bobby Singleton, Airman 1st Class Benjamin Hill, Airman 1st Class Ryan Buxton, Staff Sgt. Sean Field, and 2nd Lt. Bradley Pristelski; Staff Sgt. Guy Dashnea from Davis

Monthan; Staff Sgt. Alfred Orozco and 1st Lt. Keith McCormack from Langley; Senior Airman Kurtis Douge, Airman 1st Class Dzajic Martinez, and Airman 1st Class Justin Raggio from Nellis; Airman 1st Class Rashad Riley from Beale; 2nd Lt. Corey Low from Seymour Johnson AFB, N.C.; Staff Sgt. Louis McCollor and Airman 1st Class Shawn Partington from Offutt; Senior Airman Jack Pack and Staff Sgt. Adam Arnold from Keflavik; and Senior Airman Jason Sawyer and Airman 1st Class Allan Sell from Dyess.



Courtesy pho

Airman 1st Class Troy Grady, 355th Security Force Squadron, gives it his all on the obstacle course during the Contending Warrior competition. The D-M team earned a bronze medal during the Obstacle Course competition.

By Maj. Myron Freeman 355th Security Forces Squadron commander

I consider my family and I to be very fortunate to live here on Davis-Monthan Air Force Base.

I say this because we live in a clean, safe and secure community, and we have a lot in common with our neighbors. After all we're all associated with the U.S. military, and that gives us a lot more in common with each other than most neighbors in other communities. However, unlike neighbors in other communities, we don't have the "right" to live here. Instead we are given the "privilege" of living here on D-M, and with that privilege comes a number of responsibilities.

One of our key responsibilities is to be a good neighbor. As Chief of Security Forces, it's my responsibility to keep the support group and installation commanders informed on the safety and security of our community.

It's also our responsibility to inform them when one of our community members is not being a good neighbor. We determine whether or not someone is being a good neighbor by the number of patrol responses, incidents and complaints our security forces respond to involving our community members. These patrol

Be a good neighbor



Maj. Myron Freeman, 355th Security Forces Squadron commander (left), talks with one of his law enforcement flight chiefs during a patrol.

responses could include: exceeding the posted speed limits, loud noise complaints, failure to control pets, curfew violations, and domestic disputes. Community members involved in numerous inci-

dents like these are not indicative of being a good neighbor. The security forces squadron's administration and reports section tracks all SF responses involving community members and reports

to me and the wing leadership on a regular basis, when certain members names come up on a more frequent basis.

I also get to see all those "good" neighbors in our community when I'm out riding with my law enforcement patrols. These good neighbors observe our posted speed limits, especially in our housing areas. These good neighbors respect their neighbors by keeping their get-togethers at a tolerable noise level and outside our established quiet hours for the base. Good neighbors always keep their pets (both dogs and cats) on a leash when walking them, and always pick up their pets' droppings to keep our base clean. These good neighbors take responsibility for their children and ensure they are indoors and not outside after hours in violation of our curfew. These good neighbors also keep a spare key for their neighbors just in case their neighbor gets locked outside their quarters with dinner overheating on the kitchen stove.

These are just a few of the things our good neighbors do each and every day to help keep our D-M community clean and safe a great place to live, and work and raise our families. Remember it is a "privilege" to live here and the best way to keep that privilege is to be a good neighbor!

Welcome to Davis-Monthan

Retired Lt. Gen. Joseph Hurd Retired Lt. Gen. Michael Short Col. Tom Ryburn, Headquarters Air Combat Command Civil Engineering

Chaplain (Col.) Robert Ippolito, Air Combat Command Chaplain

355th	Wing	Flying	Goals

Hours Goal Flown Delta FY 2001

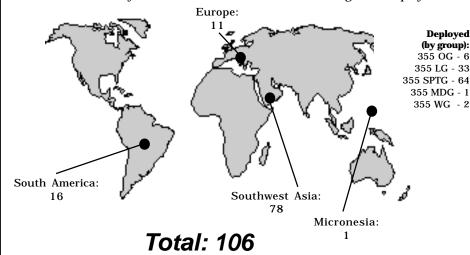
		-8
41st	42nd	43rd
ECS	ACCS	ECS
378	370	242
25	40	29
-13	4	8
-13	4	8

Sorties

354th	357th	358th
FS	FS	FS
523	430	437
104	64	60
3	5	-6
3	5	-6
Curren	t as of W	ednesday

Where are 355th Wing members serving?

This time last year, **100** members of the 355th Wing were deployed.



Other locations -- 0 Current as of Monday

355th Mission Support Squadron Personnel Readiness Unit



355TH WING PUBLIC AFFAIRS

5275 East Granite Street • Davis-Monthan AFB, AZ 85707-3010 (520) 228-3378 www.dm.af.mil click on Desert Airman



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Use help agencies ... you won't regret it

By Senior Master Sgt. Jeffrey Halstead 355th Component Repair Squadron first sergeant

It took years of urging and badgering from friends and family, but I finally took the step and went back to college. It's been several years since I completed a civilian associates and my CCAF degree. I've known for a while that it was time to seek the next level of accomplishment, a bachelors degree.

I had no idea what degree to pursue. There was obviously one visit I needed to make - the education services center.

After visiting our professionals at the education office I was much more confident about the path I needed to follow. After visiting representatives from local colleges I made my choice.

I was well on my way to getting started, but now the hard part – actually taking the classes I needed. It has taken a combination of personal responsibilities, both seeking professional advice and relying on the appropriate team of resources to assist in my educational growth. Both civilian and military advisors were necessary to get me started and to keep me on my journey. What I have learned from this experience will help me as a professional military member and help others in my role as a first sergeant.

My goal in telling you my story is two-fold. First, as I am sure you have already noted, personal improvement through education is important for you and the Air Force. Whether it is college for your CCAF or other degree, professional military education or upgrade training, all types of education improve you for us, the Air Force, and make you a much more valuable asset to the mission.

Secondly, and more important, I want to emphasize the significance of using the many resources that are available to you on the base and how using them can assist not only with your personal goals, but also your many personal responsibilities.

Each area of personal responsibility as a military member, whether it is family care, financial responsibility, or fitness demands different levels of expertise according to the individual's ability to plan and prepare. Take financial responsibility for example.

There are a few of you who have very simple budgets with few financial obligations. These finances can be handled individually with little or no help. However, as the number of financial commitments increase, the need for professional assistance for long-term financial planning in-

Don't be fooled! We are seeing an ever-increasing trend in new airmen entering the Air Force with large financial obligations. Don't be afraid to seek the help of the professionals. The family support center has the Personal Financial Management Program, an excellent resource to assist you with your personal finances.

A similar instance involves your annual income taxes. While your first sergeant may be able to help you with the simplest of budgets, few are going to have the skills necessary to help you with taxes. But don't despair. As we edge closer to the end of the year you will want to keep the Volunteer Income Tax Assistance program at the top of your list. VITA has been extremely helpful to me for a number of years and is able to handle even the most complicated taxes.

Are you starting to get the picture about all the help available to you? How about planning your personal fitness program?

When I was younger it was easier to develop my own fitness regimen. Now with less time and more aches and pains I need the help of the professionals to develop a plan. The health and wellness center has a physiologist that can tailor a routine that best fits my schedule, age and fitness level. The same goes for someone with no plan at all, or finds that they are quickly growing out of their uniform. And what is exercise without a diet?

Some can establish their own diet and stick to it. Others need professional assistance. That is why the medical group is equipped with a nutritionist to assist with a diet program that will improve your health and at the same time help you stay off of the weight and body fat management program. Total wellness is the goal of the professionals at the medical group.

It may appear that I don't think you should do anything on your own, to the contrary. I believe that each member should make the best effort at learning and planning their own personal responsibilities. However, there comes a time when your ability to plan and perform a certain task comes to

an end. Just as I did to get re-engaged with my education, there is no shame in seeking the right team to assist you with personal responsibilities. In fact, it's to each persons advantage to get the right help, as soon as it's needed, so that needs don't turn into problems and consequently, disciplinary action or life changing civil actions.

When considering whether to seek professional help ask this simple question, "Is there anything about this area of responsibility that I do not understand?" All the resources I mention in this article, and a large number of others, are free. First sergeants are well versed on all the agencies and resources available. You are not alone—use our team.

As I sit studying I ponder at the number of hours I have already put into this degree. I haven't done it alone. If not for all the professional assistance I have received in the process I definitely would not be this far along. I believe I have relied on the right team to help me with my degree plan.

Think ahead. There is no reason to do it alone. Who will you pick as part of your team toward more successfully planned personal responsibilities?

AFMC commander makes family a priority for 2001

By Gen. Lester Lyles

Commander. Air Force Materiel Command

It's long been said that, in the Air Force, "we recruit the individual, and retain the family."

Recognizing the decisive role families play in the decision to remain in the military or as a civilian DoD employee, I have decided to name fiscal 2001 AFMC's Year of the Family—or YOFAM, for short. The term is borrowed from a similar effort within Air Mobility Command, but our program will be our own. I and my staff here at the headquarters will facilitate this ongoing effort for the command, but it must be implemented at the base level. My goal is quite simple: ensure that all members of the AFMC family can say YOFAM made a positive impact on their lives and on the lives of their loved ones.

By Capt. Brian Young 355th Medical Group

As more and more work, education, and recreation involves computers, greater is the chance for people to suffer from repetitive strain injury.

RSIs can be a serious and very painful condition that is far easier to prevent than to cure once contracted, and can occur even in young physically fit individuals. With the dawn of the computer age, studies are showing the importance of taking preventive measures to ward off computer related injuries. Today, we are seeing people with repetitive strain injuries who must leave their computer-dependent careers due to inability to perform their job or becoming permanently disabled and unable to perform tasks such as driving or dressing themselves.

RSIs occur from repeated physical movements doing damage to tendons, nerves, muscles, and other soft body tissues. The rise of computer use and flat, light-touch keyboards that permit high speed typing have resulted in an epidemic of injuries of the hands, arms, and shoulders. Injuries are the result of typing technique and body positions that place unnecessary stress on the tendons and nerves in the hand, wrist, arms, and even the shoulders and neck. Lack of adequate rest and breaks and using

—— Health Focus Computer injuries easier to prevent than cure

excessive force almost guarantee trouble.

The following are some pointers that may help you prevent RSI. Good posture, and proper set-up of the workstation are key in helping to prevent some of the aches and pains associated with computer use. To assess your chair position, the following criteria should be used:

Make sure you are sitting up straight in the chair to get the proper adjustment.

Adjust the height of the chair so your hips are slightly less than 90 degrees bent, and your feet are flat on the floor.

If your chair has a lower back (lumbar) support, scoot back in the chair as far as possible, maintaining your upright position. If you chair does not have a lumbar support, take a small towel and roll it up so it is approximately 12" long and about 2-3 "in diameter. This

Prevention key to enjoying upcoming flu season

Get a flu shot each autumn especially if you are 65 years or older, if you have a chronic illness, such as asthma, diabetes, or heart roll can be placed in the small of your back (belt line) before you scoot back in the chair. The lumbar support should feel comfortable and supportive. You may need to adjust it a little to get the best fit.

Adjust the armrests so your elbows rest comfortably on them and your shoulders are relaxed.

Once you have adjusted your chair, you are ready to make sure your computer is in the appropriate position:

The keyboard should be positioned at the level of the elbows to allow your forearms to be parallel with the floor. Use a wrist pad in front of the keyboard to rest your wrists on. This puts the wrists in the best position to avoid getting numbness and tingling in the hands, symptoms commonly known as carpal tunnel syndrome.

The monitor should be directly in front of you, and at a height where your eyes are level with the top of

disease. Keep up your resistance to infection with a good diet, plenty of rest, and regular exercise. Avoid exposure to the virus. Wash your hands often, and keep your hands away from your nose, eyes, and mouth.

the screen. The ideal distance from your eyes to the monitor is 18 to 24 inches. If you wear bifocals, try having the monitor height a little lower, and then tilting the monitor screen up slightly to prevent tilting your head backwards to read the screen.

Keep your mouse and phone close. Avoid reaching for these items and any other objects you use frequently. Use a headset or a phone shoulder cradle instead of holding the phone between your ear and shoulder.

When typing from documents, use either a document holder that attaches to the side of the screen, or use a three-ring binder on its side to make an angled surface to hold your source page. This will help prevent repeated bending and turning of the neck when typing.

Be sure to take frequent short rest breaks when using computers to give your eyes, hands, wrists, and back a break. Also, try to control your tension and stress. Both can cause you to forget to take breaks and/or maintain good posture. These corrections should be easy to perform and will help you prevent potential aches you may experience from prolonged computer use, or may even alleviate any symptoms you may be experiencing. If you have any questions regarding your chair or computer set-up, please call the Physical Therapy Clinic at 8-2886.

↓ Sonoran Spotlight

(Editor's note: Sonoran Spotlight is a weekly feature of the Desert Airman that profiles a member of the Davis-Monthan Air Force Base team. Members are nominated by their commander or first sergeant, and the article is compiled by the Desert Airman staff.)

Mickie Carpenter is, perhaps, not a name many know well, but it is probably many know her face — she is one of the many sales store checkers at the Davis-Monthan Commissary.

"I worked many years as a cashier, book-keeper and in accounting before joining DeCA (the Defense Commissary Agency)," Carpenter said. "The different businesses I worked with before didn't give me the stability DeCA does ... that's why I joined the team."

A Tucson native, and the mother of a 16and 17-year-old, Carpenter said checking out customers at the commissary is just one of the many things she's expected to do in her job.

"I also work in the cash office, and I've also been assigned to the store operations department to assist with accounting."

She said the best part of her job, which



Mickie Carpenter (right) assists a colleague.

she has held for more than five years, is the people she works with. "The employees of the D-M Commissary are the reason we have been and will continue to be the best commissary in DeCA."

As if working full time wasn't enough, Carpenter currently attend the University of Arizona full time. "I plan to graduate in December of 2001, and at that time, I will apply for the DeCA Career Program to continue my career in management with the agency."

Along with working and school, Carpenter is the "morale booster" at the commissary. "Katherine Crock and I plan all the em-

ployee functions, including the annual picnic

and Christmas party."

As a Tucson native, Carpenter has seen a lot of change since first coming here in 1958 with her father.

"I have seen the base grow from a small spot in the desert to a major part of Tucson's economy. D-M has been a part of my life since I was three, and I'm proud of that."

Carpenter's inspiration is her family. "My mother has been my biggest fan along with my children ... cheering me on when I was down. Without my mother, children, brothers and sisters, I would not be who I am today."

Scoreboard

Bowling

Intramural -American

(Week 5) **Team** 41 ECS #1 24-8 MDG #1 22-10 42 ACCS #1 22-10 42 ACCS #2 22-10 41 ECS #2 20-12 CONS 16-16 43 ECS 10-22 MDG #2 10-22 OSS 6-26 High Scratch Game (Team):

High Scratch Game (Team): 41 ECS #1, 978 High Scratch Series (Team): 42 ACCS #1, 2642 High Scratch Game (Men):

Scott Allison, 257 High Scratch Series (Men): Scott Allison, 610 High Scratch Game (Women): Sondra Calley,

High Scratch Series (Women): Sondra Calley, 580

Intramural -National

(Week 5) W-L **Team** AMARC 23-9 SVS 22-10 25 OWS #1 19-14 COMM 18-14 TRANS 18-14 12 AF #1 17-15 AMMO 16-16 MSS 16-16 358th Wrekin Crew 14-18
12 AF #3 14-18
Supply 10-22
CRS 6-26
High Scratch Game (Team):
SVS, 1015
High Scratch Series (Team):
SVS, 2876
High Scratch Game (Men):
Jason Bauer 252

High Scratch Game (Men): Jason Bauer, 252 High Scratch Series (Men): Billy Davidson, 678 High Scratch Game (Women): Paulita Trezevant, 231

High Scratch Series
(Women): Paulita Trezevant,

Tuesday Early Risers

(Week 5)	
<u>Team</u>	W-L
Hit and Miss	70-28
Ally Kats	70-28
Hot Cats	60-24
Wee Bee Bad	50-20
Soon's Runway	50-20
The Monarchs	45-18
OUI 3	30-12
Dream Catchers	25-10
High Scratch Game (*	Team):
Ally Kats, 516	
High Scratch Series ((Team):

High Scratch Game: Sadi Croxton, 187 High Scratch Series: Diana Scott, 509

Hit and Miss 1369

Phantom Mixed
(Week 3)
Team W-L

So So's 22-2 The Cajuns 20-4 Three N's and a D 18-6 Strikebusters 14-10 13-11 Six Pack Lucky Seven 9-15 Alley Oops 8-16 Rat Pack 8-16 Sweet Revenge 8-16 8-16 Avengers Strike Force 6-18 High Scratch Game (Team): Alley Oops, 778 High Scratch Series (Team): Alley Oops, 2153 High Scratch Game (Men): Floyd Vaughn, 235 High Scratch Series (Men): Donald Mickey, 642 **High Scratch Game** (Women): Kim Varlev. 186 High Scratch Series (Women): Kim Varley, 525

OWC

W-L
28-4
20-12
20-12
18-14
16-16
12-20
12-20
Fran

D-M Pinrollers

(Week 3)	
<u>Team</u>	W-L
Team #9	22-2
Team #6	19-5
Team #5	16-8
Kachina Dolls	15-9
The Dream Catchers	12-12
Dreamers	11-13

Team#1 10-14
We Don't Know 10-14
Annie's Girls 5-19
High Scratch Game (Team):
Team 9, 661
High Scratch Series (Team):
Team 9, 1934
High Scratch Game: Gloria
McKinney, 201
High Scratch Series: Gloria
McKinney, 562

CE Mixed

W-L

(Week 2)

Team

BJ's Bunns	14-2
The Cans	14-2
Good, Bad & Ugly	12-4
MILF's	10-6
Perry	10-6
Brew Crew	6-10
BYE	4-4
Fire Dawgs	4-12
Just-4-Fun	4-12
Kelly B	2-14
High Scratch Game	(Men):
Bryan Chambliss, 2	205
High Scratch Series	s (Men):
Bryan Chambliss, 57	79
High Scratch Game	: Gail
Johnson, 177	
High Scratch Serie	s: Gail
Johnson, 501	

Thursday Night

(Week 4)	
<u>Team</u>	W-L
Desert Strikers	24-8
Prickly Pairs	22-10
Four Seas	22-10
Pick One	18-14
Pintendos	18-14
PBJs	18-14
DMs	18-14
BMs	16-16
Lickity Splits	14-18
Bucks N Does	14-18

Ice Breakers 12-20
Cool Cs 8-24
Road Runners 8-24
High Scratch Game (Team):
Pick One, 738
High Scratch Series (Team):
Pick One, 2077
High Scratch Game (Men):
Billy Davidson, 222

Billy Davidson, 222 High Scratch Series (Men): Les Claassen, 612 High Scratch Game (Women): Carolyn Barton, 191

High Scratch Series (Women): Pauline Dudoit, 505

Friday Nite Fun

(Week 5) Team 3 Roses & Thorn 22-10 The Misfits 22-10 AAFES 22-10 Kum Cantasi 20-12 Wannabees Just Us 18-14 18-14 More BS 14-18 Double Trouble 14-18 O Spare Us 12-20 Just Havin Fun 12-12 Gutter Dusters High Scratch Game (Team): More BS, 764

More BS, 764
High Scratch Series (Team):
More BS, 2149
High Scratch Game (Men):
Ken Bettis, 232
High Scratch Series (Men):
Paul Roeske, 648
High Scratch Game
(Women): Reda Lowe, 246
High Scratch Series

Bantams (Week 4)

(Women): Kris Spieker, 604

27-5 27-5 N Svnc Dragons 10-22 Tigers Team 4 0-32 High Scratch Game (Team): Dragons, 226 High Scratch Series (Team): Dragons, 541 High Scratch Game (Men): Nick Sceurman, 40 High Scratch Series (Men): Jonathon Willis, 238 High Scratch Game (Girls): Ashley Doty, 54 High Scratch Series (Girls): Sabrina Wayman, 230

Preps/Juniors/ Majors

(Week 4)

(Week 4)		
<u>Team</u>	W-L	
Fox Hound	26-6	
The Xtremes	22-10	
Desert Pros	22-10	
Jaguars	18-14	
Alley Cats	18-14	
Undertakers	18-14	
Unlimited	14-18	
Pinbusters	14-18	
Desert Strikers	12-20	
N Sync Fireballs	10-22	
Strikers	10-22	
The Bulldogs	8-24	
High Scratch Game (Team):		
Fox Hound, 440		
High Scratch Series (Team):		
Undertakers, 1339		
High Scratch Game (Men):		
Dale Phelps, 126 (Preps);		
Nathan Thorne, 156		
(Juniors); Jason Wakefield,		
164 (Majors)		
High Scratch Series (Men):		
Tyler Johnson, 382 (Preps);		
Tyler Johnson, 382 (
Tyler Johnson, 382 (Brandon Welsh, 42	Preps);	
	Preps); ?1	
Brandon Welsh, 42	Preps); ?1	

Rosashell Wayman, 80 (Preps); Amber Welsh, 140 (Juniors); Lynn Campbell, 109 (Majors) High Scratch Series (Girls): Rachel Ross, 322 (Preps); Ebony Wayman, 365 (Juniors); Jennifer Kerr, 342 (Majors)

Softball

Mon/Wed

(as of Sept. 25)

<u>leam</u>	W-L
43 ECS (A)	8-1
TRANS/LSS	8-2
MDG	7-2
357 FS	7-2
EMS/AMMO	6-2
12 AF (B)	5-3
SUPS	5-3
372 TRS (FTD)	5-5
CRS	4-5
OSS	4-6
354 FS	2-5
42 ACCS (B)	2-7
41 ECS	1-8
DECA	0-13

Tues/Thurs

as of Sept. 26)

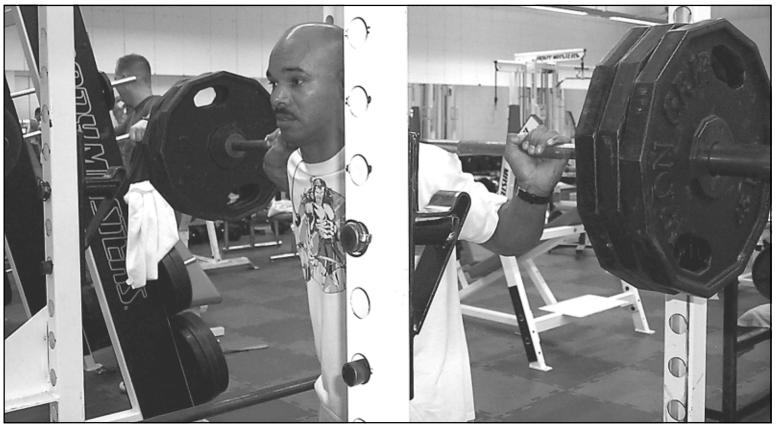
(as of Sept. 26))
<u> Team</u>	W-L
SFS	9-0
12 AF (A)	9-1
CES	7-1
CS	6-4
358 FS	6-4
rrs	6-4
162 ANG	6-5
EMS/AGE	5-5
12 ACCS (A)	4-5
25 OWS	3-6
CRS (A)	3-6
SVS	1-9
11 ECS (B)	0-6
AAFES	0-9

Advertising

12-20

Team

Nice N Spicy



With the strength to squat 585 pounds, George Smith must keep in good shape, which he does by spending plenty of time working out at the Haeffner Fitness and Sports Center.

Angie Erickson

Strong, silent type willing to go the distance

By Angie Erickson

Public affairs

If you were to follow George Smith's Air Force career, you would be pleased to know that he has served his country with pride both abroad and here in the United States. He has received various decorations and attained the rank of a senior NCO.

Perhaps this is the story of a typical career airman? The mild-mannered Smith might even agree.

However, when you meet this humble man you are immediately aware that he stands out in a crowd. After all he holds a national title as well as several Arizona state records in powerlifting.

The combat operations flight liaison's career began nearly 20 years ago, and his weightlifting career followed three years later.

Assigned to RAF Greenham-Common Air Station, England, he wanted to "beef up" for the base football team.

"We didn't have the NFL over there, so we made our own NFL," Smith said. "The base team competed across Europe in full contact play, and I wanted to be stronger so I started putting on more weight with weight training."

After his three year overseas tour, he then went to the only assignment in his career that he did not ask to go to – Loring AFB, Maine. "It was too cold, and I needed something to do so I continued to lift there."

His talents were recognized and he was asked to represent the Air Force at the AF Powerlifting Training Camp in Utah.

Unfortunately, after one flag football game, he seriously injured his knee and was unable to go. "I couldn't believe it after playing three years of contact ball," Smith said disappointedly.

However, he went on to triumph taking the Maine state title, in the 155-pound weight class, which included the squat lift, bench press and dead lift.

He then moved on to Andersen AB, Guam where he gave the Navy competitors a battle as he won competitions from 1988 to 1992.

While his next assignment was long and offered no meets, he continued to train during his four-year tour at Howard AB, Panama. This training paid off when he arrived at Davis-Monthan in 1996.

He went on to capture the state title for his weight class of 170 pounds in the squat and dead lift, and the total overall competition, which includes the total points for squat, bench press, and dead lift.

"I have never been very successful in benching," he said after squatting 585 pounds and dead lifting 600 pounds. But you would never know after he finished second in the nation during the Natural Athlete's Strength Association competition in Nashville, Tenn. in June.

Representing the State of Arizona, Smith came up against a very well known and accomplished competitor from Ohio. "He was able to get away with some imperfections that I was not, due to the fact, that I did not have a national reputation like he did," he said. "I had some mishaps – footing and balance during my lifts that cost me. But I will correct them and get him next year," spoken like Jimmy Connors or John McEnroe after a bitter rival set.

He said he learned a great deal at the national level, and you can bet that this seemingly gentle man will show his true competitiveness at the NASA competition next June in Las Vegas.

In the meantime he will continue to train at the Haeffner Fitness and Sports Center Monday with heavy squats, Wednesday benchpressing, Thursday he will work his shoulders and Friday he will strengthen his back.

While he is strict and disciplined in his training and does not train competition style as to not risk injury, he does allow a lot more leeway to his diet. "I eat whatever I want," he confesses. "However, I hit the tuna fish two to four weeks before a competition to make my 170 weight class."

He credits the military for his discipline to the sport. "I have been introduced to a sport that I will continue throughout my lifetime because I believe that it will keep me healthy," he said. "I have gotten used to it. I don't feel right if I can't lift."

Therefore he is excited to share his passion for the sport with his four children. "I take them to meets with me," he said proudly. He hopes to promote a strong, healthy and happy atmosphere for his children and especially be a role model for the two older kids who are already demonstrating their love for sports.

Smith has already gone after his next competition and secured his future with the Pima County Sheriff's Department where he will work as a Deputy. Sound like your typical retiree? And although Smith would not dare boast about his recent accomplishment, he would have to agree since he beat out hundreds of applicants for the deputy position. "The military has given me knowledge and afforded me opportunities that give me the edge over the competition in the civilian sector."

Although he will join the ranks or the retirement community, in January, Smith will still continue to train at the fitness center where he will prepare to take first place at NASA in June.

Sports Shorts

Golf tournament

The 355th Contracting Squadron is hosting the "Fiscal Year Tee-Off" golf tournament Oct. 13 with a shotgun start at 7 a.m. The format is best ball; entry fee is \$30 per person and includes a Texas BBQ lunch. Call Bret Zieman at 8-2216 for more information.

Intramural runs

D-M's 3K, 5K and 10K intramural runs will be Oct. 13, 20 and 27 (respectively). Military runners participate by squadron for Commanders Trophy points in men's and women's categories. Competition is according to age group. Unaffiliated military and civilian athletes of all ages take part individually. Runs begin at 7 a.m.; register at 6:30 a.m. Start and finish lines are inside the Swan gate. The fitness center has further details at 8-3714.

Course closures

Golf course overseeding have closed down the front and back 9s. Today is the final day of the five-day closure of the front 9. The back 9 will be closed Tuesday through Oct 13. Weekend play is unaffected, and summer discounts remain in effect during the closures. Phone the pro shop at 8-3734.

Tennis machines

Automatic tennis practice machines can be checked out from the fitness center. There's no cost to use the equipment, which can be plugged in at the base tennis courts, across from Bama Park. Players supply their own tennis balls. Get information at the fitness center, 8-3714.

Football Frenzy

Football Frenzy is every Monday at the Desert Oasis Club. Fans are invited to the club every Monday for NFL football, snacks, pizza, wings and beverage specials. Valuable local prizes will be given away every week. Members and their guests can win mini footballs, sports bags and pullovers and a \$150 MasterCard gift card. National prize winners go to the San Francisco-San Diego game, Dec. 3, the Tampa Super Bowl, Jan. 28, and the Honolulu Pro Bowl, Feb. 4. Trips include airfare and hotel accommodations for two, and a rental car.

Only club members (either club) are eligible for national prizes. Sponsors are SatoTravel, Miller Brewing Co., American Airlines, Comfort Inn (San Diego), Double Tree Alana Waikiki (Pro Bowl), and Air Force Clubs (no federal endorsement intended). Call the Desert Oasis for further details at 748-8666.

Skeet and trap open weekends

D-M's modern skeet and trap ranges open at 8 a.m., Saturdays and Sundays. Military shooters pay \$3 a round; civilians pay \$3.50.

Per-round savings are available for purchasers of annual range fees. Ranges are at the east end of Yuma Road, adjacent to the small arms range. Find out more from the outdoor recreation center, at 8-3736.

Singles golf group

The American Singles Golf Association is starting a new chapter in the Tucson area. If you're 21 or older, single, and enjoy the game of golf, you're invited to

attend the organizational meeting of the Tucson Chapter of the ASGA Thursday from 5:30 to 7:30 p.m. at Starr Pass Golf Resort. Call 798-6338 or 579-5737 for more information.

Aerobics, exercise classes

The staff at the Haeffner Fitness and Sports Center offer a full lineup of exercise and aerobics classes each week. Call 8-3714 for more information.

Monday - 11 a.m. to noon - Step aerobics (Marie); 12:20 to 1 p.m. - Spinner (Steve); 5:30 to 6:30 p.m. - Aerobics (Rumiko); 6:45 to 8:45 p.m. - Kajukenbo (Paul)

Tuesday - 8 to 9 a.m. - Senior aerobics (Corinne); 11 a.m. to noon - Step aerobics (Veronica/Rumiko); 12:10 to 1:10 p.m. - Circuit training (Corinne); 6:15 to 8:15 p.m. - Kyokushin (Idris)

Wednesday - 10:10 to 11 a.m. - Spinner (Corinne); 11 a.m. to noon - Step aerobics (Veronica); 12:10 to 1:10 p.m. - Kick box (Corinne); 6:30 to 7:30 p.m. - Belly dancing beginners (Basheera); 7:30 to 8:30 p.m. - Belly dancing advanced (Basheera)

Thursday - 10 to 11 a.m. - Senior aerobics (Corinne); 11:10 a.m. to 12:10 p.m. - Step aerobics (Marie); 12:10 to 1:10 p.m. - Training (Corinne); 5 to 6 p.m. - Step aerobics (Rumiko); 6:10 to 8:10 p.m. - Kyokushin (Idris)

Friday - 11 a.m. to 12:10 p.m. - Step aerobics (Veronica); 12:10 to 1 p.m. - Spinner (Steve); 4:30 to 6:30 p.m. - Kajukenbo (Paul)

Saturday - 10 to 11 a.m. - Step aerobics (Rumiko); 11 a.m. to noon - Spinner (Corinne)



Chapel events

Protestant schedule

Today: Aim High Bible Study, 7 p.m., Chapel 1 annex. Call 889-1715 for more information.

Saturday: Couples' Bible Study, 7 p.m., call 749-5550 for more information.

Sunday: Contemporary Worship Service, 8:30 a.m., Chapel 1; Sunday School, 10 a.m., Chapels 1 and 2; Traditional Worship Service, 11:15 a.m., Chapel 2 annex; Inspirational Gospel Worship Service, 11:15 a.m., Chapel 1.

Tuesday: Ladies Bible Studies: 9:30 to 11:30 am, (nursery provided), Chapel 1, or 11:30 to 12:30 p.m, Chapel 1; Singles Bible Study, 7:30 p.m., Building 3220.

Wednesday: Midweek Bible Study, noon, Chapel 1; Prayer and Teaching Time, 7 p.m., Chapel 1; Youth Night, for middle and high school groups, Chapel 1, 7 p.m. Call 8-5411 for more information.

Catholic schedule

Saturday: Mass, 5 p.m., Chapel 1; Sacrament of Reconciliation at St. Joseph's Church, 4 to 5 p.m.

Sunday: Mass, 7:30 and 10 a.m., Chapel 1; Sacrament of Reconciliation, 9:15 to 9:45 a.m., Chapel 1.

Monday through Friday: Rosary, 11:10 a.m., Chapel 2; Mass or communion service, 11:30 a.m., Chapel 1.

Wednesday: Rite for Christian Initiation 7 to 8:30 p.m., Chapel 1.

Islamic schedule

Today: Prayer service, noon to 2 p.m., Building 3220, third floor-west; educational classes, 6 to 8 p.m., Building 3220, third-floor west. Visit the chapel Web site,

www.dm.af.mil/chapel, for more information about services.

Mothers of Preschoolers meeting

The October meeting of the Mothers of Preschoolers group will be Thursday, 9 to 11:30 a.m. at Chapel l. Bee Gosnell will speak on "Dealing with the Terrible Two's." Call 8-5411 for more information.

Bible study for moms

A Bible study, "What Every Mom Needs," will be held 6:30 to 8 p.m., Tuesday at Chapel 1. The session will be led by Celeste McFarland. Call 8-5411 for more information.

Free gospel concert

A free gospel concert will take place 7 p.m., today at Chapel 1. Sponsored by Aim High Ministries, the night will be filled with live music from the gospel group "Atonement," a local group who has performed throughout the city of Tucson. All D-M members, retirees, family members and the Tucson community are welcomed. Call Johnny Martinez at 889-1715 for more information.



Parents relax away, children play

The next "Give Parents a Break" program is scheduled for Saturday This program offers free child care to active-duty Air Force parents who need a break from the stresses of parenting for a few hours. For more information or a referral, call 8-4933 or 8-8383. Families who are eligible include those feeling stress due to deployed member, recently moving to D-M or unique circumstances or hardship.



On-base clubs

Officers Club

Today: Crud finals at 6 p.m. Cook Your Own night, 5 to 8 p.m.

Saturday: Surf & Turf dinner special,

Sunday: Regular Sunday Brunch returns, 10 a.m. to 2 p.m.

Monday: Club closed for holiday. **Tuesday**: Prime rib for two, \$19.95

Wednesday: Oktoberfest is Friday; reserve now.

Thursday: Pasta bar and Texas toast, \$8.95.

Desert Oasis Enlisted Club

Today: New Seafood special is 5 to 8 p.m. **Saturday**: Club closed; Cabana open. **Sunday**: Club closed; Cabana open, call 747-3234.

Monday: Club and Cabana closed for holiday.

Tuesday: Bingo starts 6 p.m. **Wednesday**: Dollar Off Night.

Thursday: Call for Membership Drive

Officers Club barbershop

The Officers Club barbershop is now operated by a private contractor, but prices remain the same. Watch for upcoming changes including expanded hours, services for women and sale of hair-care products. Please call 748-0660 for new hours, concerns and additional information.

Membership drive

D-M's Fall Club Membership Drive is in progress. New members get dinner for two, five services bucks and the chance to win a duesfree year. Current members who bring in a new member get dinner for two, five extra services bucks, and a chance to win a \$50 club credit. At the end of the drive, Dec. 22, the current member from each club who has sponsored the most new members gets two more dinners for two, five more services bucks, and a \$100 club credit. The drive ends with free parties for all members at both clubs. There's never been a better time to

join your club! To learn more about the advantages of membership, call the Officers Club at 748-0660, or the Desert Oasis Enlisted Club at 748-8666.

Club football fun

Come to the Desert Oasis Club every Monday for NFL football, pizza, wings and beverage specials. Fans can win local prizes like mini footballs, sports bags and pullovers and a \$150 MasterCard gift card. National winners get tickets to a San Diego game, the Super Bowl and Pro Bowl. Trips include airfare for two, hotel accommodations, and rental car. Club members are eligible for national prizes. Sponsors are Sato Travel, Miller Brewing Co., American Airlines, Comfort Inn (San Diego), Double Tree Alana Waikiki (Pro Bowl), and Air Force Clubs (no federal endorsement intended). Call 748-8666 for further details.



Youth programs

Today: Hourly child care is Fridays/Tuesdays, call the CDC, 8-3336.

Saturday: Teen clothing/food drive at the vouth center.

Monday: Youth programs closed for holiday. **Tuesday**: Volunteers needed for haunted house construction, call 8-8844.

Wednesday: Primary arts & crafts, 5:30 to 7 p.m. at the youth center. Haunted house meeting at youth center, 6:30 p.m.

Thursday: ACC Teen Lock-in is Friday night at the youth center, call 8-8365. Teens ask how to earn youth center Teen Bucks.

Haunted house and carnival

Tours of the youth center's 16th Annual Haunted House are 6 to 8 p.m., Oct. 24 through 27. Cost for all ages is \$3. The youth center's free Halloween Carnival is 4 p.m., Oct. 27. Volunteers are needed to build and dismantle the haunted house, and to help at the carnival. Call 8-8844 for further information.

Teen Lock-in

Teens are invited to the 3rd Annual Air Combat Command Teen Lock-in, Oct. 13, at the youth center. The 9 p.m. to 7 a.m. event is bigger and better than ever, with prizes, lots of food, and base-to-base challenges. Help D-M bring home the ACC award and win a pizza party! Youth center members pay \$5, and non-members are \$7. Sign up by Wednesday at the youth center, or call 8-8365.

Food, clothing drive

Youth center teens are sponsoring a food and clothing drive to benefit Tucson's Gospel Rescue Mission. Bring clean clothing and nonperishable foods to the youth center, Building 6000. The final day for drop-off is Oct. 26. Teen volunteers are needed to help with the Oct. 28 delivery. Get more details from Armando Bracamonte, at 8-8365.



Community events

Today: Sign up for outdoor recreation lake cruise, call 8-3736.

Saturday: Shop Nogales with ITT, call 8-3700. Outdoor recreation National Monument trip begins.

Monday: Most Services activities closed. Golf course/restaurant open normal hours. Fitness center open, 9 a.m. to 7 p.m.

Tuesday: Golf course back 9 closed through Friday.

Wednesday: Community center yoga class, 6 to 7 p.m., call 8-3717. Fitness center kick boxing class, 12:10 p.m., call 8-3714.

Thursday: Story Hour at the library, 10 a.m., call 8-4381.

Services holiday hours

Most 355th Services Squadron facilities will close Monday, Columbus Day. Activities remaining open on the holiday are the fitness center and annex, 9 a.m. to 7 p.m., and the golf course/pro shop, sunrise-sunset. The golf course restaurant will open, 5 a.m. to 4 p.m. Holiday hours at the newly reopened Desert Inn Dining Facility are: breakfast, 5:15 to 7:45 a.m.; lunch, 10:30 a.m. to 1 p.m., and dinner, 3:30 to 6:30 p.m.

Toy Story on ice

See Disney cartoon characters in action, when Disney on Ice presents Toy Story, at the Tucson Convention Center, Oct. 13 through 15. Military, DoD and retired communities save \$3 at the noon performance, Oct. 14 (applies to \$17.25 and \$12.25 tickets). Discount coupons are available now, at most 355th Services Squadron facilities, or at the Information, Tickets & Tours office, Building 4430. Call 8-3700 for more information.



Family support

Today: Mini Job Fair, 8 to 11 a.m., community center, Building 4201. San Xavier Mission School Tutoring, 11 a.m. to 3:30 p.m., SXMS school. Couples Communication Workshop, 2 to 4:30 p.m., community center.

Saturday: Give Parents a Break, 2 to 6 p.m., child development center and youth center.

Monday: Financial Brief, 8 to 11a.m., community center.

Tuesday: Interview Workshop, 8 to 11 a.m., community center, Time for Tots, 9:30 to 10:30 a.m., Chapel 1.

Wednesday: Transition Assistance Program, 8 a.m. to 4:30 p.m., Oct. 18 through 20, community center.

Thursday: Fun-Time, 9:30 to 10:30 a.m., Chapel 1.

VA benefits briefing

Members who are 180 days from separating or retiring should attend one of the monthly transition assistance program seminars and receive the veterans affairs briefing. The next briefing is 9 a.m. to noon, Nov. 2 at the community center. Call 8-5690 for reservations.

Baby basics

The next baby basics program for expectant mothers in their third trimester begins noon to 2 p.m., Tuesday at Chapel 1. The program will provide information on basic infant care, growth and development. Call 8-5690 for questions or to sign up.



Education services

University of Arizona

A representative from the Eller School of Business, University of Arizona and a representative from the graduate school registrar's office will be available to provide information and answer questions at the Education Center 1 to 4 p.m., Oct. 18 in Building 3200, Room 267. For further information, please call 8-3813 or 8-4815.

Chiefs' scholarship program

The Chiefs' Group Scholarship program will afford many enlisted members the opportunity to take their first college class for free. Registration has started for many of the colleges on Davis-Monthan Air Force Base. Call the indi-

vidual college you are interested in or call education services at 8-3813 for more information on registration dates, the Chiefs' Group and other scholarships available, or any other information on educational services.

October graduation

Seventy fellow airman will graduate from the Community College of the Air Force October 2000 Class. Lt. Gen. Tom Hobbins, 12th Air Force Commander, will be the guest speaker. Please show your support by attending the luncheon/ceremony at the Desert Oasis Enlisted Club 11:30, Oct. 25. The base education center has begun taking reservations. Please call 8-3813 or 8-3812 to make your reservations now.

Attention CCAF graduates

All April Community College of the Air Force graduates should submit their Eagle Grant and Old Crow Tuition Grant applications to the education office by Oct. 13. There will be three Eagle Grant Scholarships awarded in the amount of \$400 and two Old Crow grants in the amount of \$250. Please complete the applications and you may receive some extra money to help pay for your college degree. If you have any questions please contact Ronalyn Akcadogan at 8-5191 or Phillip King at 8-4249.

Tri-University Master's program

Arizona's three state universities: Arizona State University, Northern Arizona University and The University of Arizona, have collaborated to offer a new Tri-University Master's Degree in Engineering. If you are interested in finding out more about this program, a representative from the University of Arizona will be available at the Education Center 1 to 4 p.m., Oct. 18 in Room 267, Building 3200. Please contact the education center at 8-3813 or 8-4815 for further information.



Other agencies

AAFES holiday hours

AAFES will observe the following holiday operating hours for Monday, Columbus Day.

Main Store: 10 a.m. to 6 p.m.

Home & Garden Center: 11 a.m. to 4 p.m.

Shoppette: 8 a.m. to 8 p.m. Class Six: 11 a.m. to 4 p.m. Fun Food: 11 a.m. to 5 p.m. Burger King: 11 a.m. to 5 p.m. Black Feather: 10 a.m. 4 p.m.

The car care center, snack bar, theater and all other AAFES concessions will be closed.

Home buying workshop

The Housing Management Office will sponsor a home buying workshop, 8 to 11 a.m., Oct. 20 at the Education Office, Suite 267. Mortgage company representatives will brief the VA -Guaranteed Home Loans for veterans program; a realtor from the Tucson Board of Realtors will provide home buying information and current housing market conditions. A home inspection company representative will explain the benefits of having a home inspected prior to purchase. Refreshments will be served. Call Tina West at 8-5548 for reservations.

D-M Top Three

Want answers to rumors? Want a chance to make a positive impact on the base? The D-M Top Three Association meets the second Thursday of each month at the Desert Oasis Enlisted Club. Elections for President and Recorder will be Thursday. Senior NCOs are encouraged to attend. Call Senior Master Sgt. Brown at 8-6560 for more information.

Dining facility re-opened

The Desert Inn Dining Facility has reopened. The operating hours are as followed:

Breakfast: weekdays, 5:15 to 7:45 a.m.; weekends, 6 a.m. to 1 p.m.

Lunch: weekdays, 10:30 a.m. to 1 p.m.; weekends, 10:30 a.m. to 1 p.m.

Dinner: weekdays, 3:30 to 6:30 p.m.; weekends, 4 to 6 p.m.

Midnight: weekdays, 11 p.m. to 1 a.m.; Friday through Sunday, closed.

Dental sick-call

Starting Tuesday, active-duty members can make an appointment for dental sick call. To schedule an appointment, call 8-2651 or stop by the dental reception desk. Appointments are available between 7 to 8 a.m. and 1 to 4 p.m., Monday through Friday. Active duty walkin patients will still be accommodated but clinic wait times care may be longer. For more information call 8-2651.

Clinic hours and phone numbers

Clinic Hours: Monday through Friday 7:30 a.m. to 4:30 p.m.

Weekend/Holiday Acute Clinic: 8 a.m. to

Laboratory: Monday through Friday, 6:30 a.m. to 4:30 p.m.

Immunizations: Monday, Tuesday, Wednesday, Friday, 8 to 10:30 a.m; Monday through Friday, 1 to 4 p.m. for adults. Monday, Wednesday, Friday, 8 to 10:30 a.m. and after D-M provider appointments for children.

Pharmacy (Main/Satellite): Monday through Friday, 8 a.m. to 5 p.m.

Dental Clinic: Monday through Friday, 7 a.m. to 4 p.m.

Dental Appointments (Active duty only): Call between 7:30 a.m. to 4 p.m. at 8-2651/2652.

<u>Sick call:</u> walk-in 7 to 9 a.m. & 1 to 3 p.m.

Mental Health Clinic Appointments (Active duty only): Call 8-4926 between 7:30 a.m. to 4:30 p.m..

Family Advocacy Appointments: Call 8-2104 between 7:30 a.m. to 4:30 p.m. **TriWest Care Manager**, (888) 874-9378

Enlisted Wives Association

The next Enlisted Wives meeting will be held October 17 at the Desert Oasis Enlisted Club/Monte's at 6:15 p.m. with a social to follow. The theme for the meeting is "Fall Harvest". Costumes may be worn to the meeting. For more information, please contact Dena Wakefield at 747-3461.

Thunderbirds to re-enlist D-M

The Thunderbirds commander will reenlist D-M personnel Nov. 2 upon the Thunderbirds team's arrival for A & A days. If you would like to be reenlisted in front of a Thunderbirds F-16C, please contact Capt. Patricia Muth, 8-3127, no later than Oct. 20. You must be eligible to reenlist to participate in this event; contact the reenlistment section in the MPF to determine your eligibility.

Gold Star Wives of America

Gold Star Wives of America, Inc. meeting will be held Saturday at noon at the Plaza Hotel, Campbell and Speedway, Tucson. Eligible are survivors of military personnel who died on active duty or as the result of service connected disabilities. Gold Star Mothers are also welcome. For more information call 882-4709.

Retiree appreciation day

To attend the Retiree Orientation And Appreciation Day event, scheduled for Thursday, 8 a.m. to noon, in the Desert Oasis Enlisted Club, call the Retiree Activities Office at 8-5100, 9 a.m. to 2 p.m., Monday through Friday, to sign-up. Subjects will include: income taxes, ID cards, the DEERS program, pay, retiree dental and TRICARE programs, the pharmacy, AAFES, powers of attorney, wills, trusts and estate planning, legal support, casualty assistance, veterans benefits, the commissary and military widows. SATO Travel will have a special drawing for a door prize of two free round-trip airline tickets to any location serviced by the participating airlines. Coupon books will also be available from MWR. Space is limited so sign-up now. If calling after hours, leave your phone number, retired grade, branch of service, and number attending.

Thrift Shop open

The Thrift Shop is open Saturday from 9 a.m. to noon. Consigments are taken until 11:30 a.m. Call 8-2120 to reserve space for large items and furniture. The shop is located in Building 3220 on Ironwood.



Movie theater

Today: The Replacements, (PG-13), 7 p.m. **Saturday**: Bless the Child, (R), 7 p.m. **Sunday**: The Replacements, (PG-13), 7 p.m.

Oct. 13: Gladiator, (R), 7 p.m. **Oct. 14**: The Cell, (R), 7 p.m.

Oct. 15: Autumn in New York, (PG), 7 p.m.